



SINGITA

WELLNESS

OCTOBER 2019

To reserve a spot: hello@singitawellness.com • 438.5577 • Walk-ins Welcome

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30am						Bums n Tums/ Michelle	
9:30am		Yoga/Tiffany	Pilates/Liz	Ballet Barre/ Michelle	Body Sculpt & Core/Michelle	Yoga/Tiffany	Pilates/Liz
10:30am		Core and Stretch/ Michelle	Ballet Barre/ Michelle		Super Stretch/ Michelle		Ballet Barre/ Michelle

OCTOBER SPECIAL

\$300 – 10 CLASS PACK or ONE MONTH UNLIMITED MEMBERSHIP \$299,
UNLIMITED CLASSES, GYM, POOL. 10% OFF TREATMENTS

\$40 BDS DROP IN FEE